

# Sample Email

## Introduce Yourself:

Hello, my name is \_\_\_\_\_ and I am from \_\_\_\_\_. I am a constituent of Senator/Representative \_\_\_\_\_.

## Why Are You Emailing?

I'm writing today to urge Senator (or Representative) \_\_\_\_\_ to support \_\_\_\_\_ (provide the specific name of the piece of legislation).

I am a constituent in his/her state/district and I am personally impacted by a painful form of inflammatory arthritis called ankylosing spondylitis. As one of the 46 million people in the US who has arthritis, I am calling today to request that Senator/Representative \_\_\_\_\_ support \_\_\_\_\_.

## Share Your Personal Experience

This piece of legislation is important to me because: \_\_\_\_\_. *Provide additional personal information about why his/her support of specific legislation is important to YOU, their constituent. Remember, you are an expert in what it is like to be affected by spondylitis; you have many experiences to share. Tell your own story and explain its relevance to the issue at hand.*

## Ask For a Response

Please let me know if Senator/Representative has decided to support my request. You can reply to me at the following email address: \_\_\_\_\_

## Say Thank You

Thank you for your time and consideration of this important issue.